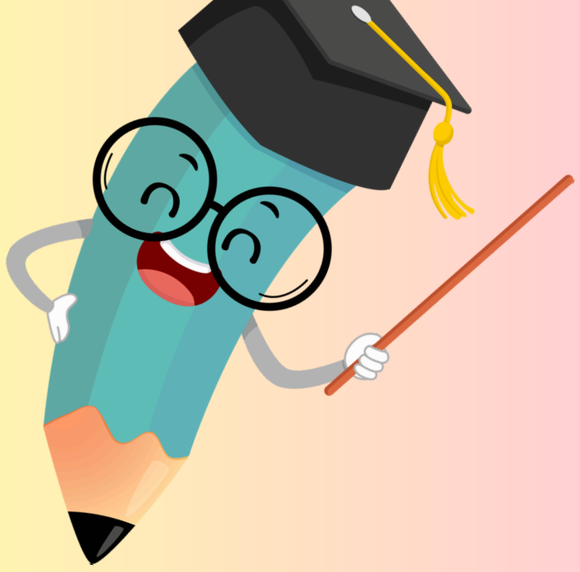
The Genesis Gazette

September (2026-27)



A Tribute to our Teachers

Genesis
THE WORLD OF KNOWLEDGE
IRIS



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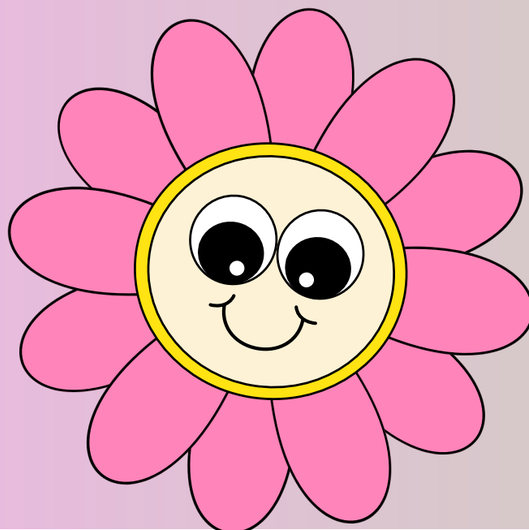
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Special Achievements

Skating His Way to Success!



Kollimarla Charan of Grade VII proudly represented Genesis at the 3rd Telangana Ranking Championship 2026 in the Sub-Junior Boys (12–15 years) – 500 m +D Speed Inline event and secured an impressive Second Position.

His achievement reflects his dedication, speed and determination. Genesis School proudly celebrates this young champion and wishes Charan continued success in his skating journey!

Honouring Excellence- Inspiring Teacher Award

Heartiest Congratulations to **Ms. Varri Vijaya Laxmi** in-charge of grades IX and X from Telugu Department on receiving the prestigious Athena Aristeia Inspiring Teacher Award 2026 from the Hyderabad Sahodaya Schools Complex.

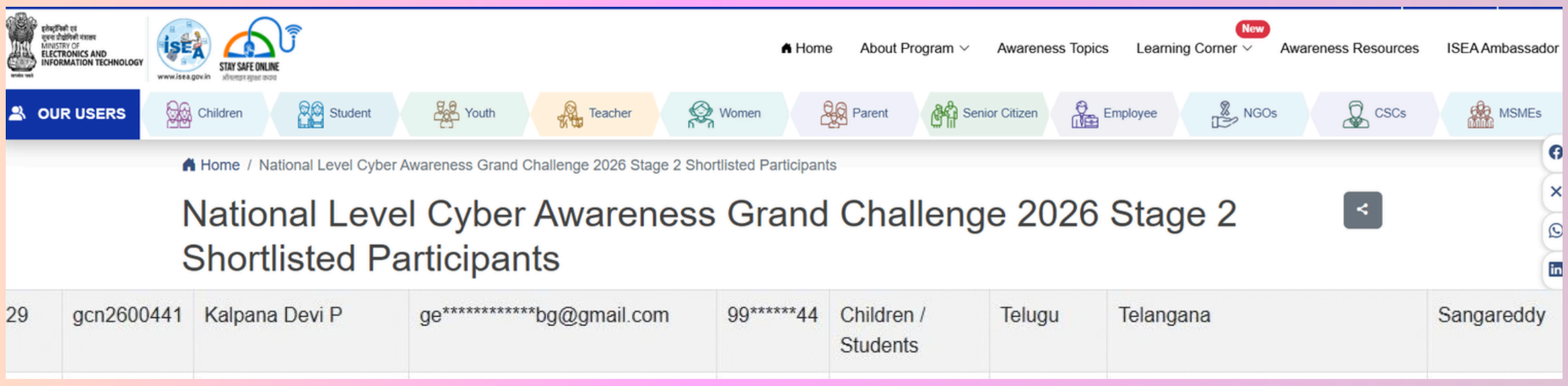
This well-deserved recognition celebrates her dedication, passion and inspiring contribution to education. We are proud of her achievement and wish her continued success in inspiring young minds and making a lasting difference



Young Cyber Champions Advance to Stage 2!

Hearty congratulations to our Grade VIII cyber champions S. Yeshasri, G. Vaishnavi, Kurimisetty Vishnu Tej Arvind, Nitish Dhamaragidda who have been shortlisted for the final round of the CBSE National-Level Cyber Awareness Grand Challenge 2026, under Unique ID GCN2600441!

Their achievement reflects their creativity, cyber awareness, and commitment to promoting safe and responsible digital practices.



Special appreciation to Ms. Priyanka and Ms. Rajani (Computer Dept) for their valuable guidance and support. We wish our young achievers continued success in the upcoming stage!

Student and Parent Counselling Session



Discovering Strengths, Shaping Futures

A Counselling Session was conducted for the students of Grades IX and X by **Mr. K. Siva Kaladhar,** Professional Soft Skills Trainer & Career Counsellor. The interactive session encouraged students to understand their strengths, profile building, develop a positive mindset, practise self-discipline and make thoughtful choices about their future.

As part of the session, Grade X students also took a Psychometric Test, giving them an opportunity to explore their interests, abilities and personality traits and gain better clarity about possible career pathways.

This was followed by a Parent Counselling Session for Grade X parents, focusing on understanding children beyond marks, supporting their aspirations, nurturing emotional well-being and strengthening parent–child communication.



Parents were also introduced to diverse career pathways and ways of guiding their children towards informed choices.

The engaging interaction concluded with a Q&A session, giving students and parents an opportunity to clarify their thoughts and seek guidance for the journey ahead.











Empowered to Protect: A Self-Defence Session for Girls





As part of our commitment to ensuring the safety, confidence, and well-being of our students, a **Self-Defence Techniques Session** was conducted for the **Grade VI and VII girls.**



The session was led by **Mr. Shiva Kumar, a Black Belt (1st Dan),** who introduced the students to essential self-defence techniques and practical safety measures. The session focused on awareness, quick response, basic defensive movements, and the importance of staying calm and confident in challenging situations.



The interactive session empowered the students with valuable skills to **protect themselves, respond confidently, and prioritise their personal safety.**



“Awareness builds confidence; confidence strengthens safety.”

Kaushal Bodh – Skill Education Expert Talk on Biodiversity



As part of the Kaushal Bodh – Skill Education initiative, Grade VI students participated in an insightful expert talk on Biodiversity and its Importance in Sustaining Life.



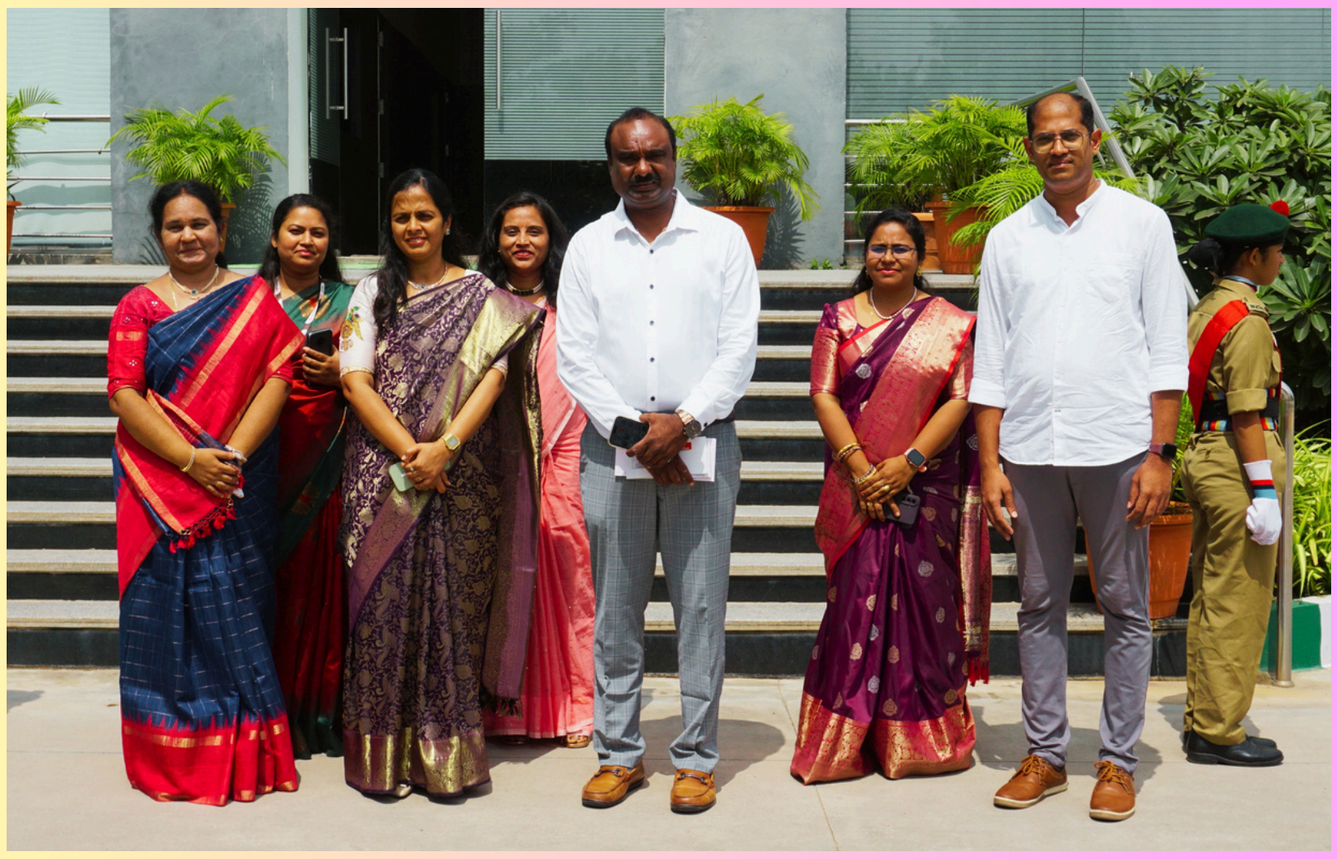
The session was led by **Dr. K.Shirisha, (B.A.M.S)** and **M.D.** in Rasa Shastra. She is a Silver Medalist and University Topper in her post-graduation and has been honoured with the Ayurveda Koushal Bhishak Certificate Award by Himalaya. With 15 years of experience in medical practice, Ma’am shared valuable insights into the interconnectedness of humans, plants, animals, and the environment.





The interactive session helped students understand the richness of biodiversity around them and the importance of observing, documenting, and protecting different forms of life. The session fostered practical learning and encouraged students to develop a greater sense of responsibility towards **nature, conservation, and a sustainable environment.**

Teachers' Day Celebration - Honouring Our Guiding Lights



At Genesis Iris, Teachers’ Day was more than a celebration it was a heartfelt tribute to the remarkable individuals who inspire, guide, and shape young minds every day. The occasion began on a warm and memorable note as Grade X students welcomed their teachers with love and respect. A soulful prayer song set the tone for the celebration, followed by vibrant dance performances and melodious songs that filled the atmosphere with joy and appreciation.















One of the most cherished moments of the celebration was the recognition of two dedicated teachers who completed ten glorious years of service at Genesis School. Honouring their decade-long commitment and contribution to the institution, the management deposited ₹50,000 for each of the two teachers as a special gesture of appreciation.

Their journey stands as a beautiful testament to dedication, loyalty, and the lasting impact of a teacher's service.













With infectious enthusiasm, remarkable energy, and a wonderful competitive spirit, our teachers participated wholeheartedly and gave their very best. Their performances revealed yet another beautiful dimension of their personalities—proving that the mentors who nurture excellence in their students are all-rounders themselves, brimming with talent, vitality, and a zest for life.



Medals, Moments & Memories- Prize Distribution

Throwball Winners (2026-2027)



Throwball Runners (2026-2027)



Cricket Winners (2026-2027)



Volleyball Winners (2026-2027)



The celebration continued with the presentation of thoughtful gifts by the management and students as tokens of gratitude and affection. The spirit of celebration then took a lively turn as teachers stepped beyond their usual roles and took part in an array of sports activities and exciting one-minute games.

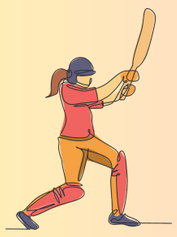


Fun and Sports for Teachers





Adding to the warmth of the occasion, the teachers came together for a love feast, sharing food, laughter, conversations, and precious moments of togetherness. It was a beautiful reminder that beyond being colleagues, we are a close-knit family united by a shared passion for education and a common purpose.
A special and heartfelt appreciation to all our student council members for their wonderful participation in making this event a memorable.











Nutrition Week

Nourish to Flourish!

Our school celebrated Nutrition Week with great enthusiasm, inspiring students to understand the importance of healthy and balanced eating. Through engaging activities and discussions, children explored the benefits of fruits, vegetables, millets, proteins, and adequate hydration. The week encouraged our young learners to Eat the Rainbow, choose wisely, and grow strong and healthy!














September 08, 2026




Happy Nutrition Week
Healthy Food ♥ Healthy Mind ♥ A Brighter Future
Good Food... Good Mood
Small Steps Big Changes
Eat Healthy Stay Strong
More Fruits
More Vegetables
Choose Whole Grains
Drink Water
Say NO to Junk Food
Stay Hydrated
Healthy Choices
Better Energy
Sharper Focus
Happier You







Field Trips

Gr- III
Confectionery Manufacturing Unit

A Tasty Learning Experience!

🍪The Grade 3 children enjoyed an exciting field trip to a confectionery production unit, where they got a fascinating glimpse into the journey of biscuits—from mixing and shaping to baking and packaging. The visit brought classroom learning to life, giving them a wonderful opportunity to observe the manufacturing process firsthand.







Gr- IV
Tribal Museum

Tribal Museum

Our students embarked on an enriching field trip to the Tribal Museum, where they explored the rich cultural heritage, traditions, art, crafts, and lifestyle of various tribal communities. The visit provided an engaging opportunity for students to connect classroom learning with real-world experiences and develop respect for India’s diverse cultural heritage.







Special Assemblies

School morning assembly activities plays an important role in creating a positive and engaging learning environment for students. During assembly every student gets an opportunity to participate actively, along with their class teacher.



Gr-IIIA
Krishnashtami





Gr- IIID
Ganesh Chaturthi



Gr-VIID
World Literacy Day

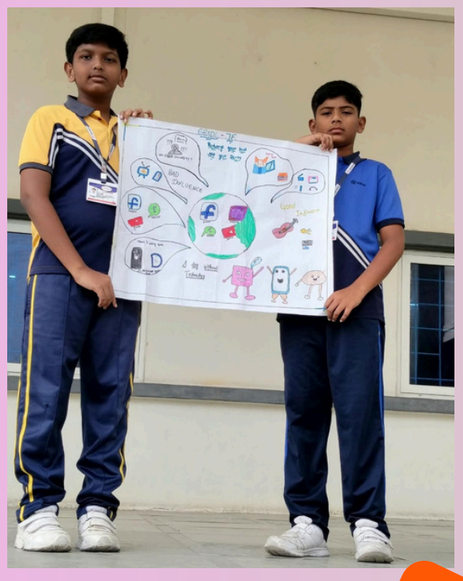






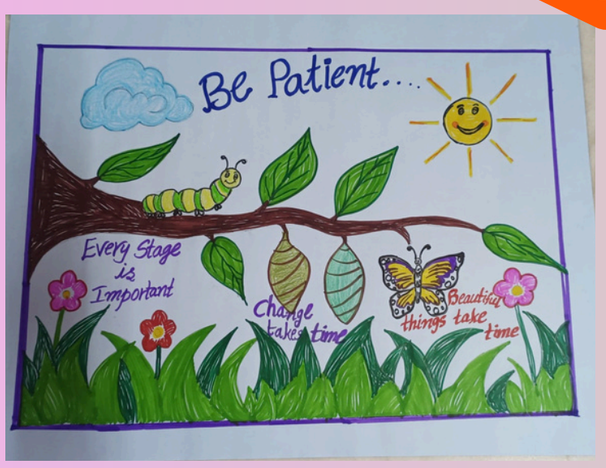
Gr- VIIF
A Day Without Technology - Disconnect to Reconnect





Gr- IIIF
Patience





Bagless Day

Pack the Fun, Leave the Bag!

Our recent No Bag Day for Grades I to VIII was a refreshing departure from the usual classroom routine, offering students a day filled with joy, creativity, movement, and meaningful learning. Leaving their school bags behind, they enthusiastically participated in a variety of hands-on activities that encouraged imagination, collaboration, critical thinking, and problem-solving. The vibrant atmosphere echoed with laughter and curiosity as every activity transformed learning into an enjoyable and memorable experience, reinforcing the idea that some of life's most valuable lessons are learnt through exploration, interaction, and play.

Grades I & II:

Drying and Folding
Dance
Drawing-Imaginary World









Grades III & IV

CCA Competition (Handwriting)
Grab the Letter, Get the Object!
Fold, Create & Reuse
Fun Games
Zumba

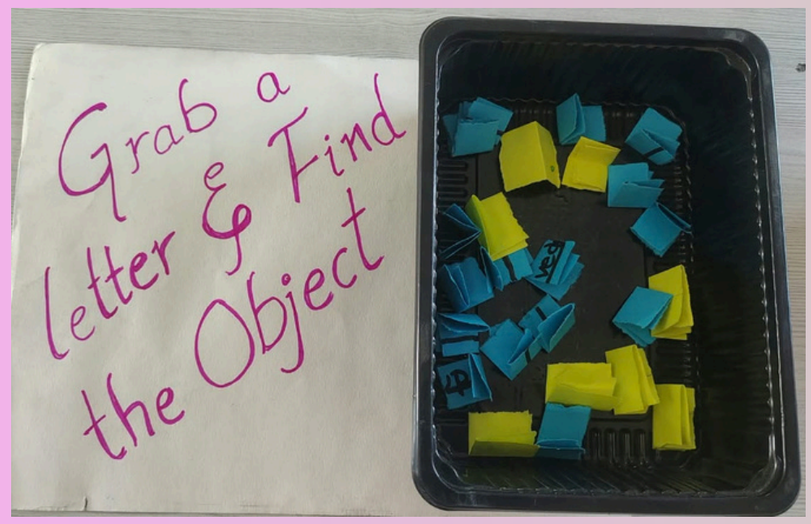










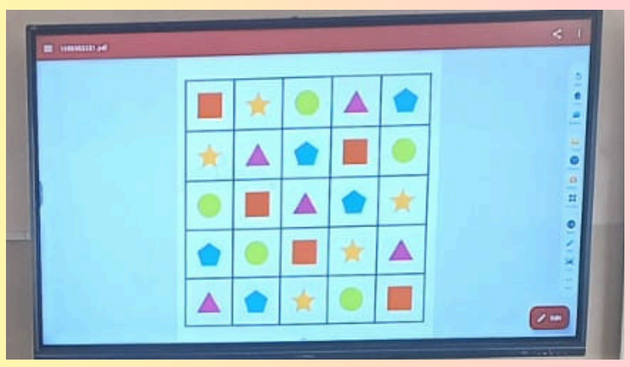


Grades V & VI:

PE
Memory game
CCA
Dance
Clubs

















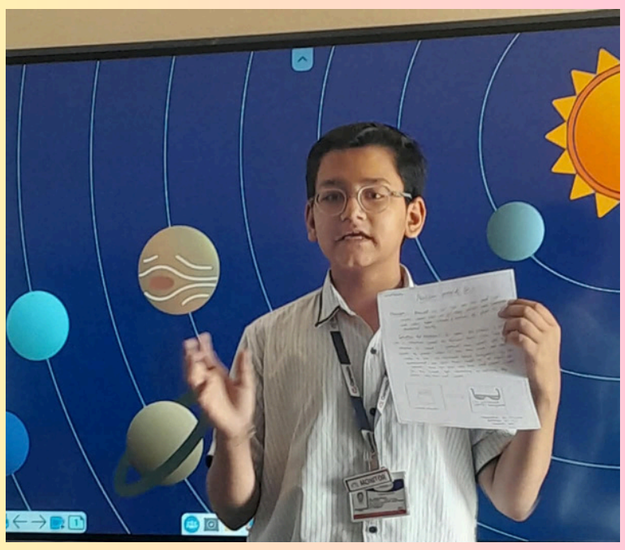
Grades VII & VIII:

Games
Innovative Ideas
CCA
Quiz
Clubs













Club Activities

Every club opens a new window of possibility, giving students the freedom to discover their passions and transform ideas into action. It is where learning becomes an experience and participation becomes a journey of self-discovery.

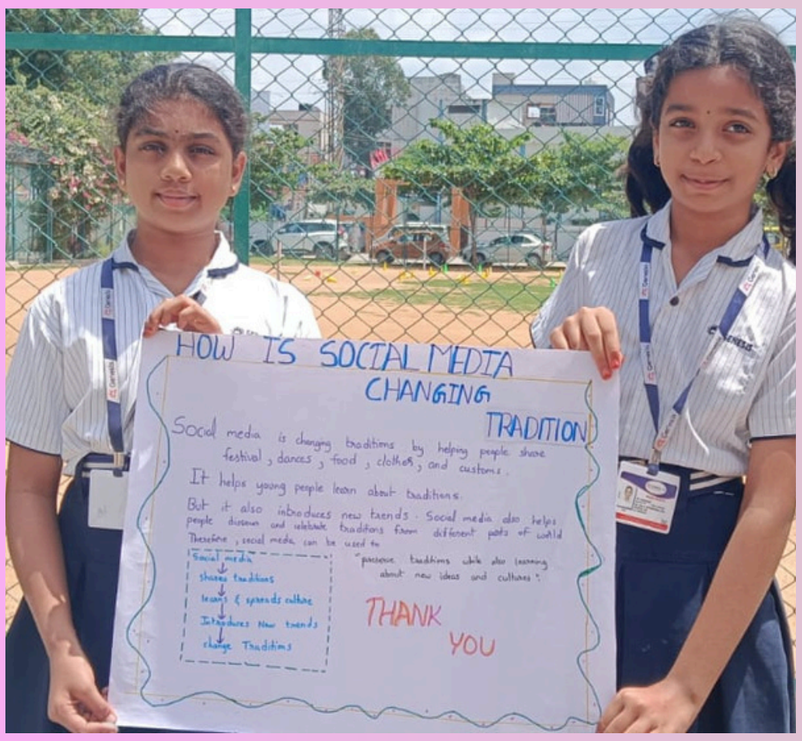
Art and Craft Club - Clay Moulding: From Clay to Creation



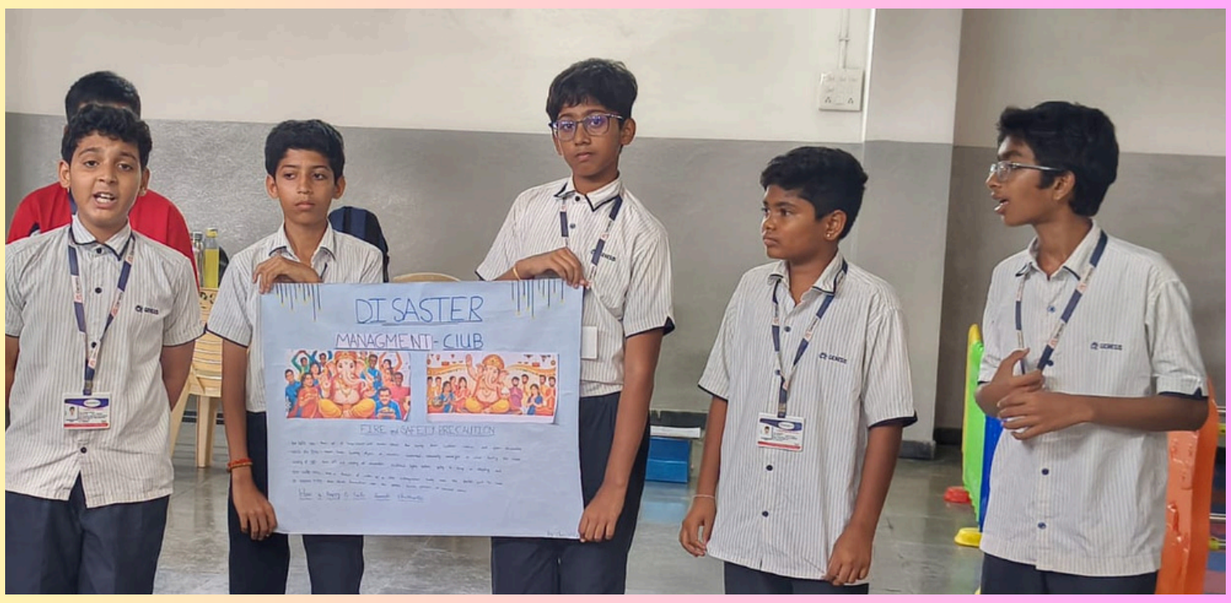


Cultural Club - Culture in the Age of Social Media





Disaster Management Club -Safety First: Pandal & Crowd Management





Health and Wellness Club - First Aid Kit: Prepared for the Unexpected







Entrepreneur Club-Trade To Thrive-The Barter System





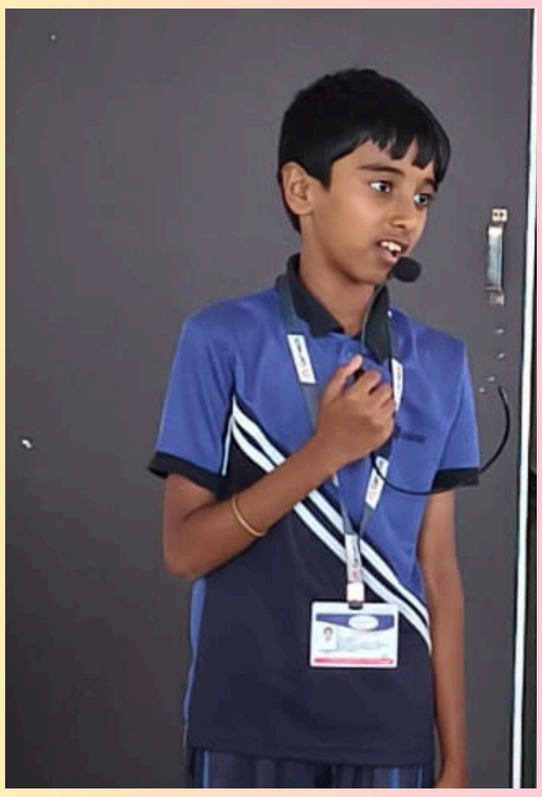
Eco Club-Nature Explorers: Discovering Our School Garden







Book Club-Chit to Wit: Pick a Thought, Share Your Voice



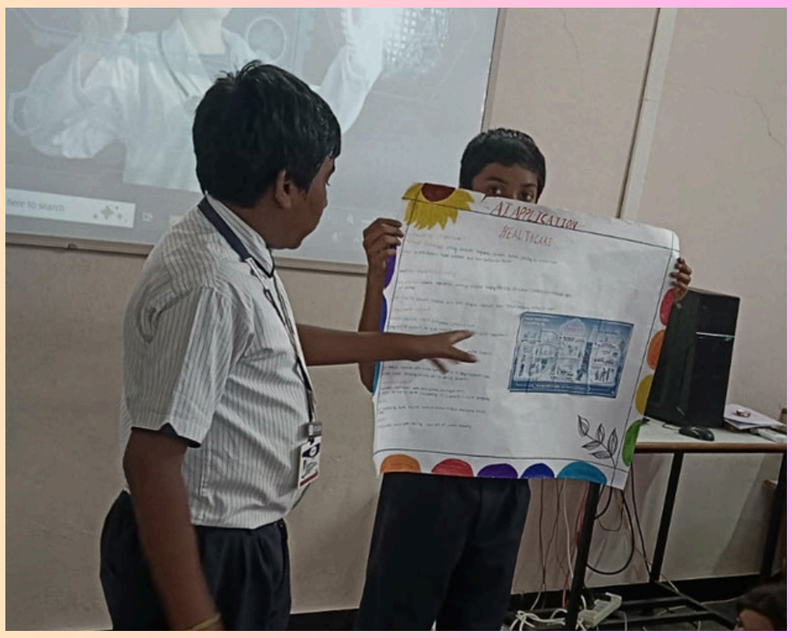


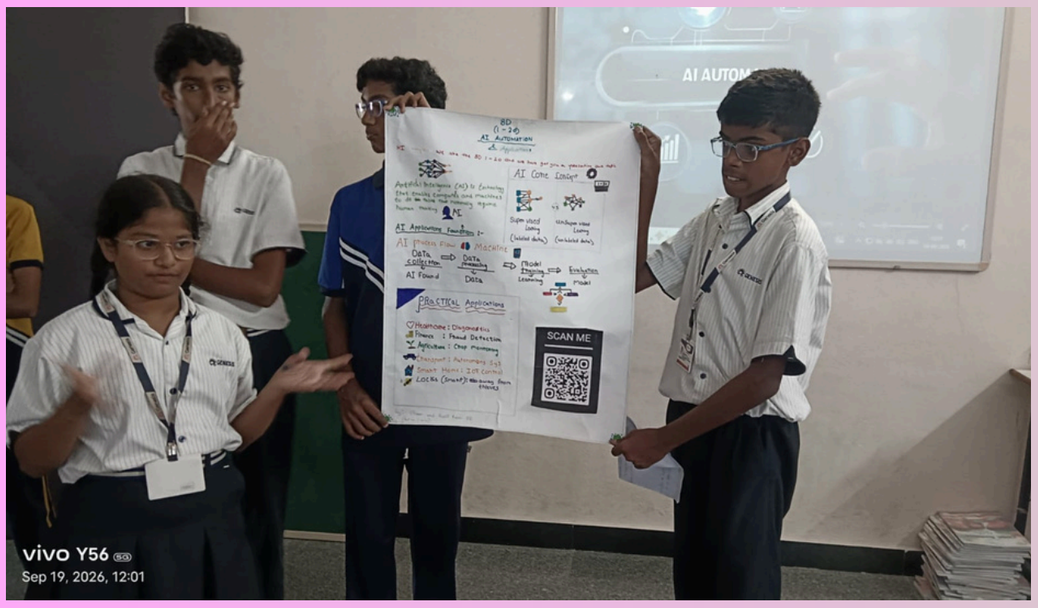


Quiz Club-Pitch Perfect: The Cricket Quiz



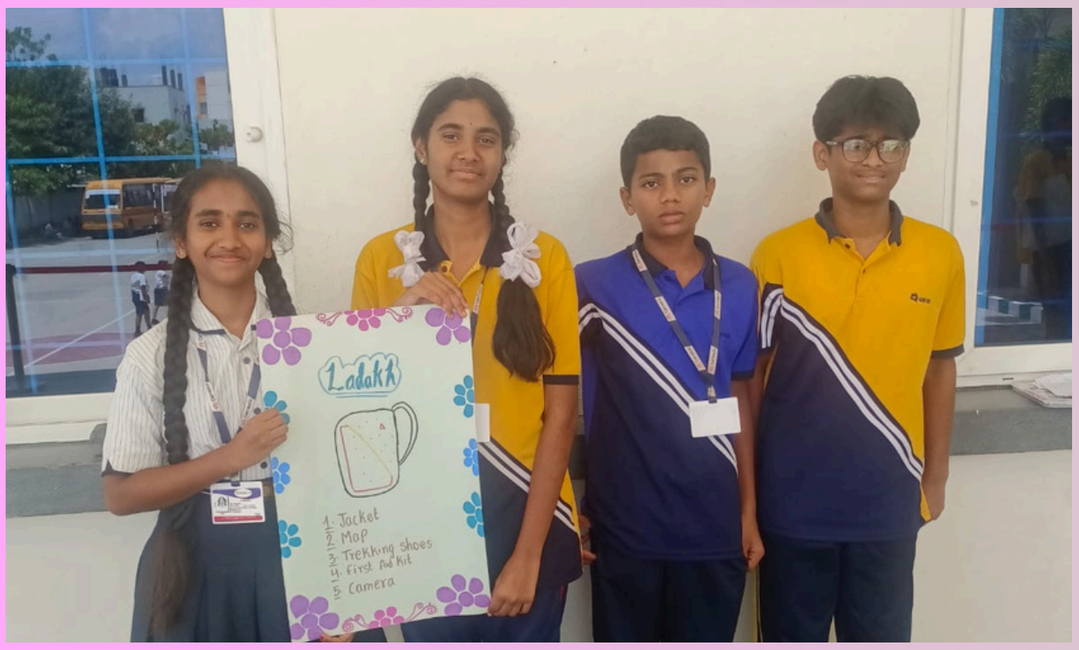
ICT Club - AI and Its Applications: Intelligence in Action





Yuva Tourism Club-Travel Smart- Plan,Pack & Explore





Half-Yearly Revision & Examinations

A dedicated revision schedule was organised to help students strengthen their understanding of the concepts learnt during the term. Through focused revision, practice and clarification of doubts, students prepared themselves with greater confidence. The Half-Yearly Examinations that followed gave them an opportunity to demonstrate their learning, assess their progress and work towards further improvement.























CBSE Activities for Students

* Yuva for Viksit Bharat Programme

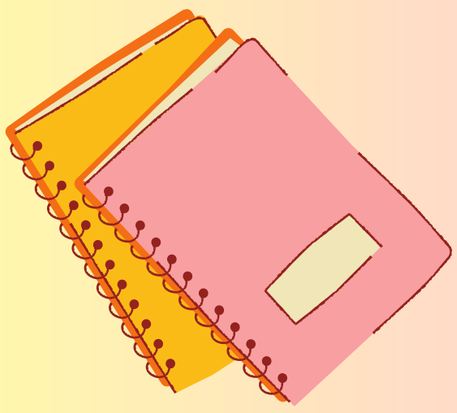
* Veer Gatha 6.0

* Central Board of Secondary Education and Central Vigilance Commission

* (CBSE-CVC) Poster Making Competition

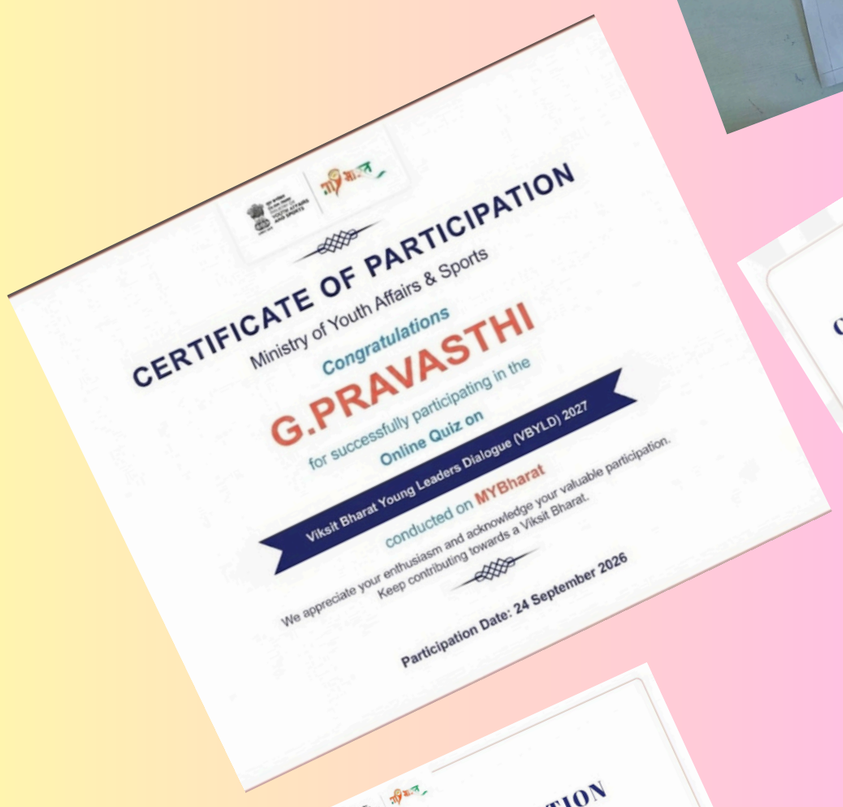
* Year-long Commemorative Activities on Vande Mataram

* Cyber Security Awareness Challenge



















Positive Affirmations

* I am grateful for each moment of this life that I am blessed with.

* My strength is more significant than my struggle.

* I trust in the hard work I have put into my studies.

* My mind’s ability to learn and remember is increasing every day.

*I’m well - prepared, calm and focused during my exams.

CCA Competitions



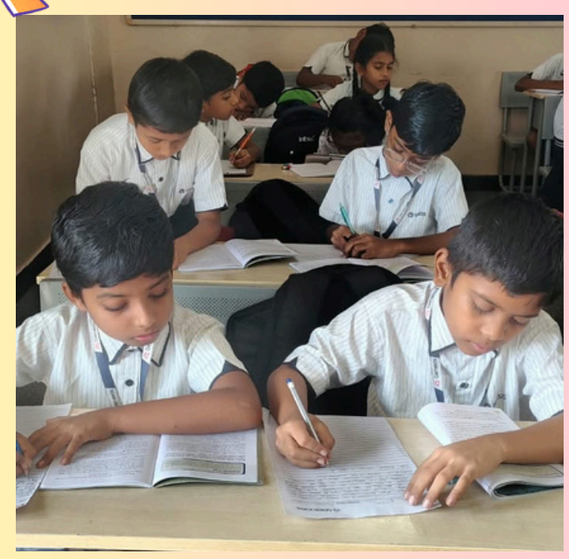
Sports Event (Cone Zig Zag Race) Gr-I & II

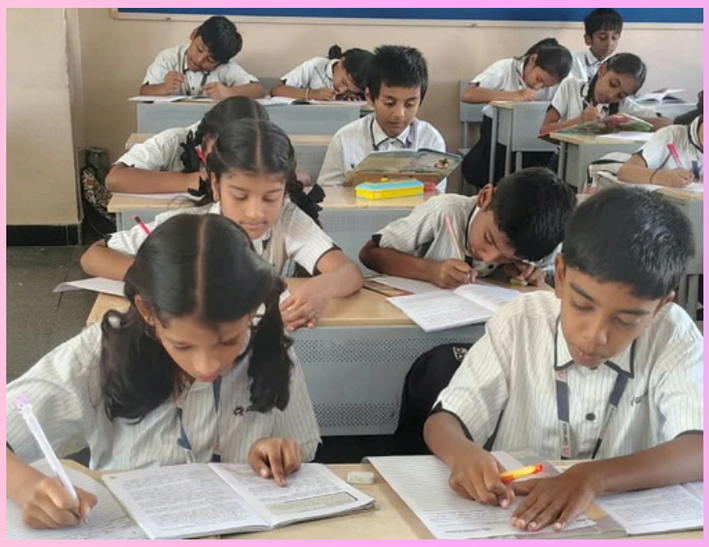


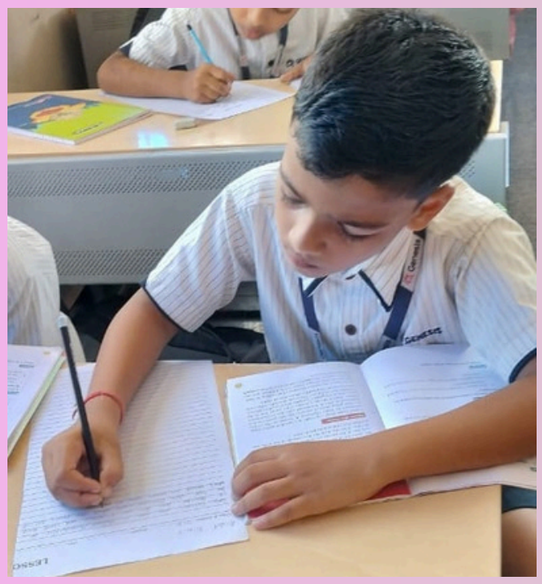




Magic of Letters (Handwriting Competition) Gr-III & IV

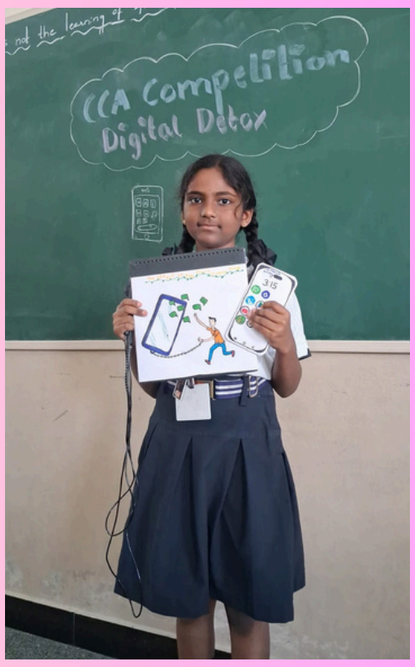






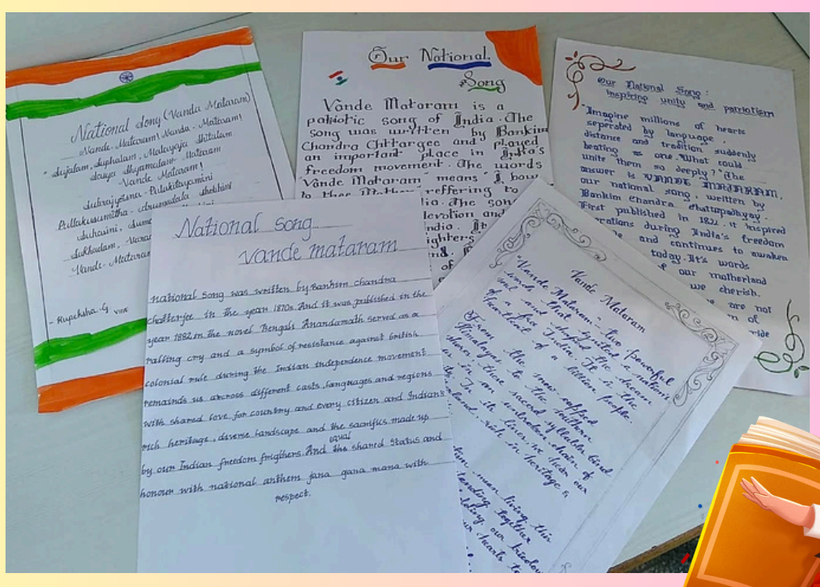
Ad Mad (Enacting an Advertisement) Gr-V & VI

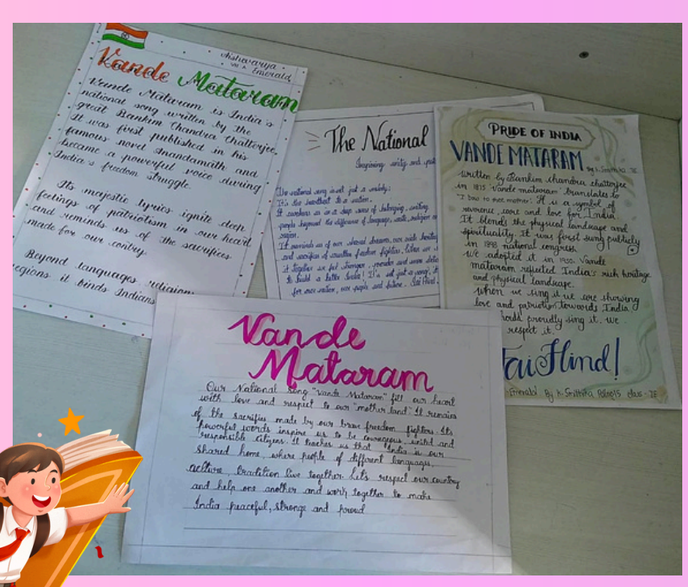






Ink the Imagination(Calligraphy) Gr-VII & VIII







CCA Winners

Gr-I

Boys

I.K.Dakshit IC
II.Nirvedhrakosh Ch IA
III.Avyukth IE

Girls

I.G.Tejaswi IE
II.V.Jashwika ID
III.Sahana Suresh ID

Gr-II

Boys

I.Adwik Mamindla IIA
II.Suparv Pratik Rawat IIA
III.M.Jaitik Atharv IID

Girls

I.T.Yashvika Reddy IIA
II.N.Thanvika IIB
III.N.Aakrithi Reddy IID

Gr-III

I.Divya IIIB & A.Chinmayi Aayansh IIIE
II.N.Karthik IIID & Kevin Phinehas Bagari IIIE
III.T.Diya Reddy IIID & C.Reyansh IIIE

Gr-IV

I.D.Adhya Rao IVD & Katla Harshith Chowdhary IVD
II.Rajvi Das IVC & B.Pialshi Reddy IVB
III.B.Ishanvi IVC & T.Rudransh Reddy IVF

Gr-V

I.K.Eshmitha VC & Md. Faizee Saniya VD
II.K.Srihanshi VC & V.Sri Saanvi VC
III.G.Akshay Paul VB & M.Moukthika VF

Gr-VI

I.Eshana Suresh VIF & R.Swara Deepika VID
II.Rishaan Ash VID & D.Advaita VIE
III.Syed Saiful Islam VIC & M.Saanvi VIB

Gr-VII

I.K.Smithika VIIE & A.Aishwarya VIIA
II.S.Sahasra VIID & J.Nishka Reddy VIIA
III.J.Advika VIID & Ananya Patil VIIE

Gr-VIII

I.Tanishi Pati VIIIA & B.Tessica Reddy VIIIC
II. K.Daayini VIIIA & M.Jasmitha VIIIF
III.Y.Rupeksha VIIIE & G.Shanmukha Preetham VIIIC

Congrats!

CCA Competitions (Games & Sports for Grades V to X)



































CCA Winners

Gr-V & VI

Winners (Running Race)

Boys

I.B.Devansh VIB
II.Mohd.Feroz Ayaan VIF
III.N.Sreehaan VIE & B.Jaswanth VIA

Girls

I.P.Hanvitha VIF
II.D.Prerana Shivratna VID
III.D.Advaita VIE,
G.Samanvitha Reddy VIE &
G.Shanmukhapriya VIC

Winners (Long Jump)

Boys

I.K.Nihan Varshith Reddy VIA
II.L.Abhiram VIE
III.N.SIddhanth Patel VIC &
B.Devansh Sai VIB

Girls

I.Theertha Vinod VE & D.Advaita VIE
II.P.Khruthika VC & D.Prerana Shivratna VID
III.G.Aadvika VB & G.Samanvitha Reddy VIE

Gr-VII & VIII

Winners

1. V.Satya Tanay VIID
2. Y.Dhruva VIID
3. G.Pranav VIIIF
4. K.Abhiram VIIIA
5. G.Harsha Vardhan VIIIE
6. M.Kedarnath VIIIC
7. Ch.Tanishk VIIE
8. R.Meghashyam VIIE
9. U.Arjun sai VIIIB
10. P.Sai Ganesh VIIID
11. J.Shrivatsa VIIA
12. A.Rithul VIIF
13. P.Nishiketh Reddy VIIE

Topaz

Runners

1. G.Abhiram VIIB
2. P.Dhaivik VIID
3. Shaik Harshad VIIIC
4. A.Lakshan VIIF
5. V.Srivatsa VIIC
6. R.Kovidh VIID
7. M.Varun Teja VIIIA
8. Yashwanth VIIIF
9. M.Sai Vineeth VIIIE
10. G.Shanmukha Preetham VIIIC
11. D.Harish Kumar VIIIB
12. D.Johnson VIIA
13. A.Lakshan VIIF
14. S.Deeraj Kumar Reddy VIIE

Sapphire



Gr-IX & X

Winners

1. Sri Charan Challa IXE
2. Y.Reyansh IXE
3. Ramdas Akshay XD
4. G.Ramsaketh XD
5. B.Sai Vigneshwar IXB
6. D.Shiva Kumar IXB
7. Ch.Chanakya XA
8. Y.Rithvik XA
9. K.V.Bharadwaj IXA
10. Eshan XC
11. T.Anuj XE
12. K.Sriman XB
13. Sk.Ashiq IXB
14. G.Shourya IXB

Emerald

Runners

1. R.Siddeswara Karthik IXE
2. M.Chandranshu XD
3. Nikhil Aditya Yadav IXB
4. K.Lokesh Ram Charan IXB
5. Aryaman Patnaik IXB
6. M.Vinay IXA
7. T.Eshan IXA
8. G.Jatin IXA
9. A.Seshank XC
10. Karthikeya XB
11. V.Vignesh XC
12. Chandrasekharam XB
13. K.Nehal Nandan IXC

Topaz

Pre-Primary Corner

PP II C
Value of Time

Special Assembly







Janmashtami











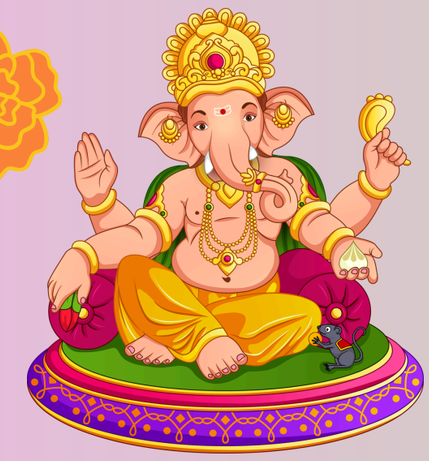






🦚 Little Krishnas, Big Joy!
The spirit of Janmashtami came alive with cheerful celebrations and festive fun. Dressed as little Krishnas and Radhas, our young learners embraced the joy of the festival through colourful activities, music, and dance. It was a delightful celebration of tradition, innocence, and togetherness.

Ganesh Chaturthi & Orange Day Celebrations





Orange Hues & Divine Blessings

Our Orange Colour Day celebration was filled with warmth, creativity, and joy. Adding a festive touch to the day, our little learners celebrated Ganesh Chaturthi by lovingly crafting Ganesha idols with orange clay. The activity brought together colour, culture, and creativity, making the celebration truly memorable.













Pick & Drop the Ball

Our little learners had a fun-filled Pick and Drop Ball Activity, where they joyfully picked up and placed balls into the designated baskets. The activity helped develop hand-eye coordination, motor skills, concentration, and balance while making learning active and enjoyable.







CCA Competitions





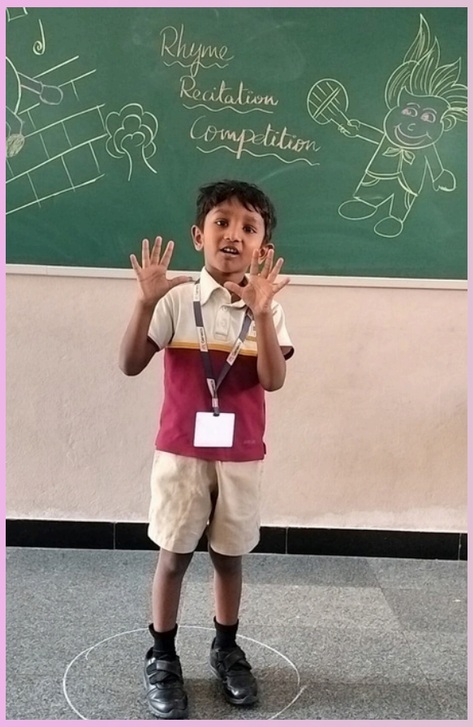












CCA Winners

Nursery

I.Rudhvi Daram
II.Abhay Ram Patil & Anugula Vihaan Reddy
III.T.Venkata Advitha

Gr-PP IA

I.Alisha Maheen & G. Shanmukh
II.K.Reyansh & N. Aarush Krishna
III. D.Venkata Sai Vansh, M.Harini Sri & Resham Shiva Shourya

Gr-PP IB

I.Devdutt Mohanty & Vislavath Nara Pranaya
II.G.Rennie Jennisa & G.Eshaan
III.P.Gnana Advaith Krishna & S.Ruthikaa Shree

Gr-PP IIA

I.Y.Aarna & M.Megan
II.B.Hanvika & T.Aadhya Sri
III.G.Moksha Reddy, J.Mihika Reddy & T.Veda Reddy

Gr-PP IIB

I.G.Ashwin Sai & Koushani Chakraborty
II.Dava Nivi & K.Anagha
III.Haraa Singarapu, T.Vedhansh & K.Hetwik Samhith Reddy

Gr-PP IIC

I.Aakriti Nayak & R.Shanvi Reddy
II.K.Lasritha & G.Vihaan Reddy
III.D.Shreyanshika & K.Tej Gana Sri Harshish

Students' Corner

Inspiring Personalities of the Month

Sevendra Lodhi: Turning Inspiration into Impact

Sevendra Lodhi, a 21-year-old digital creator from Lalitpur, Uttar Pradesh, has taken a remarkable step towards environmental conservation by helping clean a heavily polluted 22-acre village pond. Along with his friends, he manually removed garbage and other waste, with reports stating that more than 800 kg of waste was collected. Through his digital platform, he documented the cleanup and brought attention to the importance of protecting our water bodies.



Sevendra's initiative was inspired by the remarkable environmental efforts of Bittu Tabahi, whose dedication to cleaning the polluted Ajnar River gained international attention. Bittu's work was noticed by Boyan Slat, founder of The Ocean Cleanup, who publicly invited him to "come work for us."

As a student, Sevendra's determination inspires me to care for nature, take initiative and believe that one person's action can inspire an entire community.



B.Poojit Reddy
VIID

Savita Punia: The Wall That Guarded India's Dreams 🏑

Savita Punia, popularly known as the "Wall of India," is one of India's most inspiring hockey players. As a goalkeeper and former captain of the Indian women's hockey team, she has represented India at major international tournaments, including the Olympics. Her quick reflexes, confidence and remarkable saves have helped India in many important matches.



What inspires me most about Savita is her determination to keep improving and never give up, even when faced with challenges. Her journey teaches me that success requires hard work, discipline, patience and self-belief. She inspires me to stay strong, face challenges bravely and always work towards my dreams.



Shaik Eshan
XC

The Value I Learnt from My Teacher That Shaped Me

“Success does not come from never falling; it comes from getting up every time you fall.” I truly understood the meaning of these words because of one of my teachers.
Whenever I made mistakes in a test, I would often think that I was simply “not good at it.” My teacher noticed this and helped me look at failure in a different way. She assured me that she was always there to help and encouraged me not to be afraid of the subject. Instead of feeling bad about my mistakes, she taught me to ask myself, “What can I learn from this?” She reminded me that I did not have to be perfect; what mattered was learning, improving and trying again.
Slowly, I started practising more and asking questions instead of giving up. I learned to stay focused and keep working towards my goals, even when things became difficult. This value of perseverance has helped me not only in the classroom but also in other situations in my life. I now understand that difficulties are not reasons to give up, but opportunities to learn and become stronger.

This is a lesson I will always remember and carry with me wherever I go.



Y. Hannah Jessica
XA

The Ripple Effect of One Good Deed

Savendra Lodhi’s inspiring journey taught me that **one person can create a meaningful difference.** At just 21, he took the initiative to manually clean a polluted 22-acre village pond in Lalitpur, Uttar Pradesh, instead of waiting for external help. Through his digital platform, he documented the entire process and inspired people in his community to join the effort.

His determination showed me that protecting the environment is not only the responsibility of authorities—it is a responsibility we all share. His efforts also reminded me that action **speaks louder than words.**

Inspired by Savendra, I have learnt to take greater responsibility for my surroundings, avoid littering, conserve water, and encourage others to care for nature. His story has motivated me to believe that even a **small step, taken with commitment, can lead to a big change.**



A. Aadhya
VIID



Current Affairs

18th BRICS Summit — New Delhi
The 18th BRICS Summit was held in New Delhi on 12–13 September, with members adopting the New Delhi Declaration on cooperation, development and global issues.



Indian Pilot Saves 174 Lives

On 30 September 2026, Indian pilot Captain Smit Machchhar showed remarkable courage during an in-flight emergency on a Dubai–Tel Aviv flydubai flight, helping ensure the safe landing of all 174 passengers and crew in Tabuk, Saudi Arabia.

81st UN General Assembly
Held under “Restoring Trust, Managing Transformation,” focusing on AI, climate action, peace and global cooperation.

DILRMP 3.0 Launched
India launched DILRMP 3.0, a five-year programme to modernise land records using digital and GIS-based systems.





ISRO Earth-Observation Mission
ISRO successfully launched the GSLV-F17/EOS-05 Earth-observation satellite from Sriharikota, strengthening India's space capabilities.



Typhoon Dujuan — Japan
Typhoon Dujuan brought record rainfall, severe flooding and landslides to eastern Japan on 21–22 September, causing deaths, damage and widespread disruption.





20th Asian Games – Aichi-Nagoya 2026
The Asian Games began in Japan on 19 September, with athletes from 45 countries and regions competing in 43 sports. India sent a 766-member contingent, including 501 athletes.



G.Saanvi
VIB

Creative Caravan



A.Veera Madhuri
VD



T. Surya
VIE



G. Carolina
VIII B



Bhavin Tamarapalli
VIII A



K. Moukthika
VF



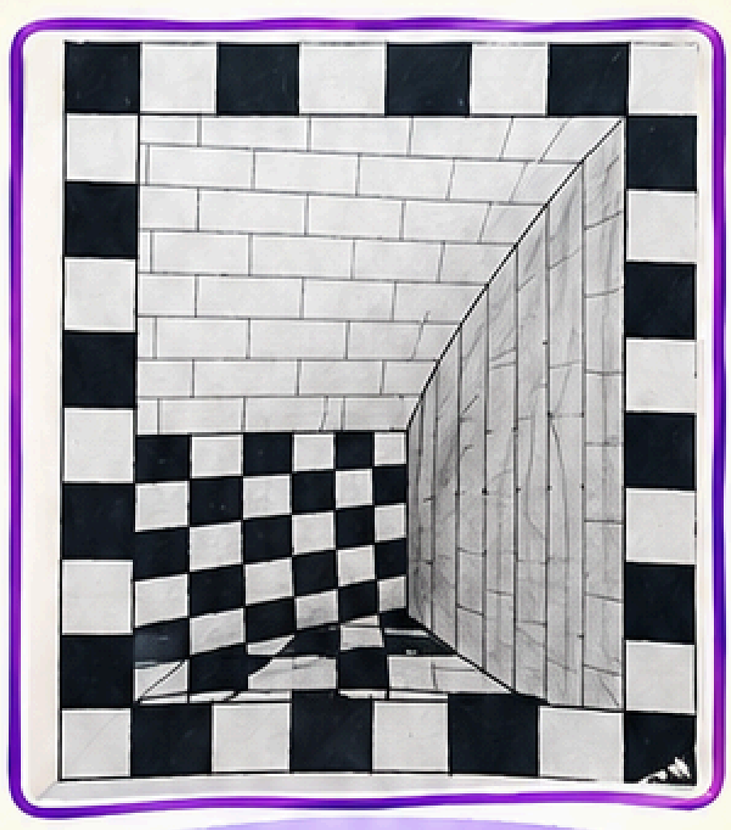
T. Surya
VIE



N. Sahasra
VIII B



A. Srihitha
VD

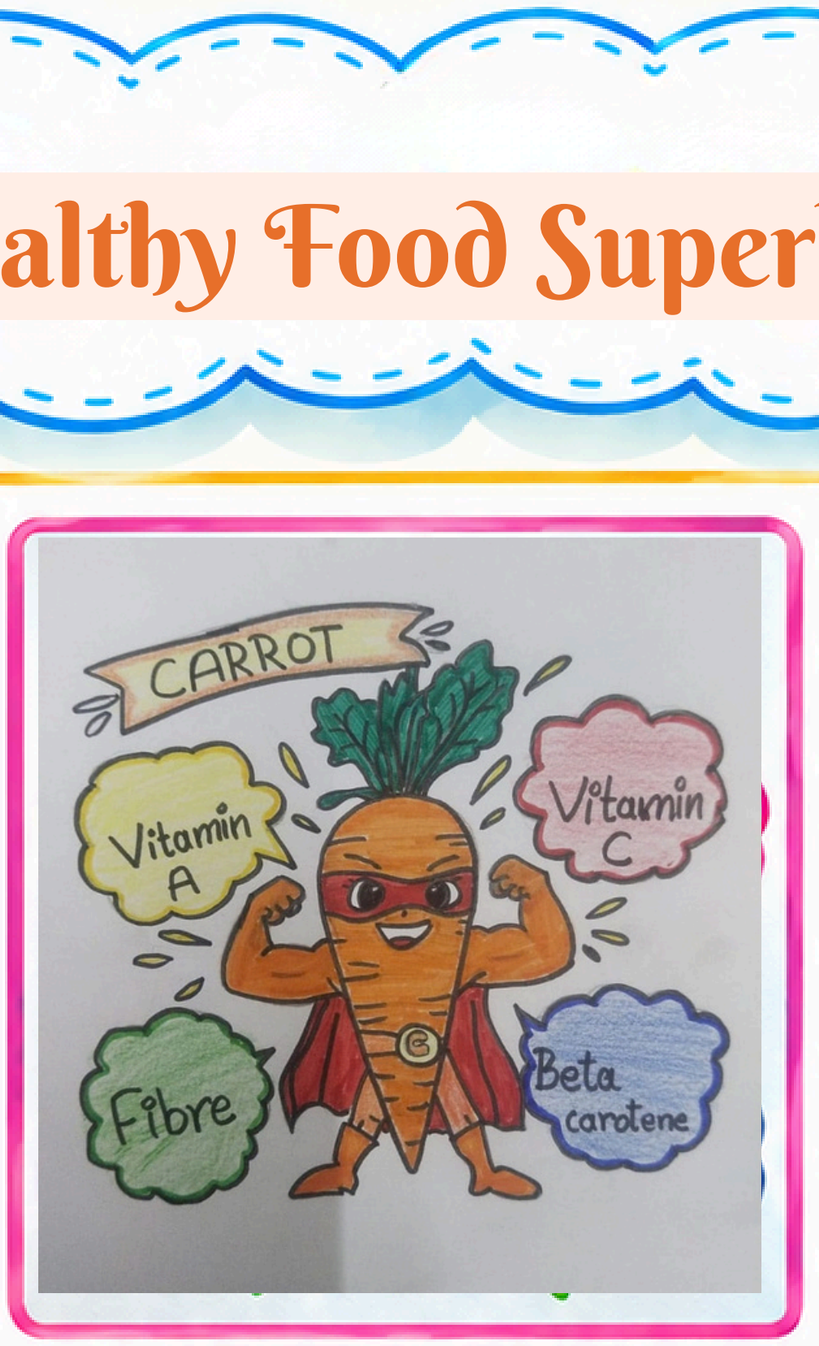


Saaransh
VI D

The Healthy Food Superheroes



B.Tessica Reddy
VIIIC



B.Tessica Reddy
VIIIC



V.Krithik Rudra
VIA



C. Abhirami
VIIID



C. Abhirami
VIIID



A.Jathin Sai Charan
VIIC



K.Nihan Varshith
VIA















C.Abhirami
VIII D



P. Hitansh
VIII A



P. Hitansh
VIII A



C.Abhirami
VIII D



L.Anvi Reddy
VE



M.Jaspreet Rani
VIIIA

Thanvith Manepalli
VC

D.Advaith
VC







Sustainable Corner

Discover the Power of Sustainable Food Choices

The food we choose every day can make a big difference to our planet. Sustainable food choices are foods that are produced, transported, and consumed in ways that protect nature and support people for the future.

Choosing seasonal and locally grown fruits and vegetables helps reduce the energy and pollution involved in transporting food over long distances. Eating more plant-based foods, avoiding unnecessary food waste, and choosing responsibly produced products can also help conserve water, soil, and other natural resources.



Small actions can create a big impact. We can buy only what we need, reuse leftovers, carry reusable bags, and avoid excessive packaging. Supporting local farmers and businesses also strengthens our communities.

Sustainable eating is not about giving up the foods we love. It is about making thoughtful choices that are healthier for us and kinder to the Earth.

🌱 **Every meal is a choice. Every choice can make a difference. Choose wisely. Eat sustainably. Protect our planet.**



Value Corner



Md.Faizee Saniya
VD

My Words Have Power – Responsible Communication

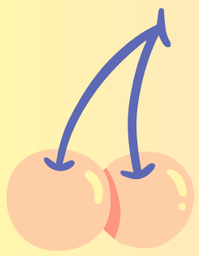


S. Yashasri
VIIID

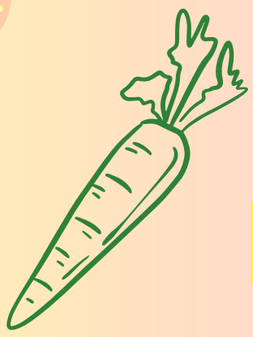
Every word I choose carries a message, and every message has the power to make an impact. A simple “you can do it” can give someone the confidence to keep going, while a careless remark can stay in someone’s mind for a long time. In today’s world, where our words travel instantly through conversations, group chats, and social media, responsible communication matters more than ever.

Being responsible with our words does not mean staying silent or always agreeing with others. It means thinking before we speak, listening before we judge, and choosing empathy over impulse.





Teachers' Corner





राष्ट्रीय पोषण माह: स्वस्थ जीवन की ओर एक कदम

पौष्टिक आहार

पौष्टिक आहार हमारे अच्छे स्वास्थ्य के लिए बहुत आवश्यक है। पौष्टिक आहार से हमारे शरीर को ऊर्जा मिलती है और हम स्वस्थ रहते हैं। हमें अपने भोजन में दाल, हरी सब्जियाँ, फल, दूध, दही, अंडे, अनाज, मेवे और अंकुरित अनाज को शामिल करना चाहिए। ये खाद्य पदार्थ शरीर को आवश्यक पोषक तत्व प्रदान करते हैं।



हमें भोजन समय पर और उचित मात्रा में करना चाहिए। ताजे और साफ भोजन का सेवन करना चाहिए। बहुत अधिक तला-भुना, मसालेदार और पैकेट वाला भोजन स्वास्थ्य के लिए अच्छा नहीं होता। पर्याप्त पानी पीना भी आवश्यक है।

पौष्टिक आहार बच्चों के शारीरिक और मानसिक विकास में विशेष रूप से सहायक होता है। इसके साथ नियमित व्यायाम, पर्याप्त नींद और स्वच्छता का ध्यान रखना भी जरूरी है। यदि हम संतुलित और पौष्टिक भोजन करेंगे, तो हम बीमारियों से बचे रहेंगे और हमेशा चुस्त-दुरुस्त रहेंगे।

इसलिए हमें स्वाद के साथ-साथ भोजन की पौष्टिकता पर भी ध्यान देना चाहिए।



Ms. Akella Radhika
Hindi Dept



బడి రోజులు - బంగారు జ్ఞాపకాలు

నేను గడిపిన నా పాఠశాల జీవితం నా బాల్యంలో ఒక ప్రత్యేకమైన భాగం. 1990లలో స్కూల్ అనేది కేవలం చదువుకునే ప్రదేశం మాత్రమే కాదు, స్నేహాలు, ఆటలు, క్రమశిక్షణ, పండుగలు, పరీక్షలు మరియు ఎన్నో జ్ఞాపకాలతో నిండిన ప్రపంచం.



స్కూల్ అసెంబ్లీలో ప్రార్థన చేయడం, ప్రతిజ్ఞ చెప్పడం, ముఖ్యమైన వార్తలు వినడం వంటి కార్యక్రమాలతో మా రోజు ప్రారంభమయ్యేది.నా జీవితంలో స్కూల్ రోజులకు ఒక ప్రత్యేకమైన స్థానం ఉంది.

1980లలో విద్యా విధానం కూడా ఈరోజులతో పోలిస్తే చాలా భిన్నంగా ఉండేది. స్మార్ట్ క్లాసులు, ఆన్‌లైన్ అసైన్‌మెంట్లు లేవు, ఏదైనా విషయం తెలుసుకోవడానికి వెంటనే మొబైల్‌లో వెతికే అవకాశం లేదు. పుస్తకాలు, నోట్‌బుక్స్, బ్లాక్‌బోర్డ్ మరియు ఉపాధ్యాయులే మా చదువుకు ప్రధాన ఆధారం. చదువుతో పాటు ఆటలకు కూడా స్కూల్‌లో ప్రాధాన్యత ఉండేది. కబడ్డీ, ఖో-ఖో, వాలీబాల్, బ్యాడ్మింటన్ వంటి ఆటలు ఆడే సందర్భాలు ఉండేవి.



Ms.K. Padmaja
Telugu Dept

మా పాఠశాలలో జరిగే స్వాతంత్ర్య దినోత్సవం, గణతంత్ర దినోత్సవం, పాఠశాల వార్షికోత్సవం వంటి ప్రత్యేక కార్యక్రమాలలో ఉత్సాహంగా మేమంతా పాల్గొనేవాళ్ళం.

నేటి విద్యలో కంప్యూటర్లు, స్మార్ట్‌బోర్డులు, ఇంటర్నెట్, డిజిటల్ పాఠాలు వంటి సాంకేతిక సౌకర్యాలు అందుబాటులో ఉన్నాయి. అందువల్ల నాటి విద్యలోని క్రమశిక్షణ, విలువలు, ఉపాధ్యాయుల మార్గదర్శకత్వాన్ని నేటి విద్యలోని సాంకేతికత, సృజనాత్మకతతో సమన్వయం చేస్తే మరింత సమర్థవంతమైన విద్య సాధ్యమవుతుంది.

1980లలో నా స్కూల్ జీవితం చాలా సాదాసీదాగా ఉండేది. టెక్నాలజీ తక్కువగా ఉన్నా, స్నేహితులు, పుస్తకాలు, టీచర్లు, ఆటలు, అసెంబ్లీలు, పరీక్షలు, వార్షికోత్సవాలు మరియు ప్రతి రోజూ జరిగే చిన్న, చిన్న సంఘటనలు జీవితాన్ని ఆనందంగా మార్చేవి. ఉదయం అసెంబ్లీ నుంచి చివరి బెల్ వరకు గడిచిన ప్రతీ క్షణము, ప్రతీ రోజూ నా బాల్యంలో ఎప్పటికీ మరిచిపోలేని జ్ఞాపకంగా మిగిలిపోయింది. అందుకే మధురమైన నా పాఠశాల జీవితం అంటే నాకు చాలా ఇష్టం.

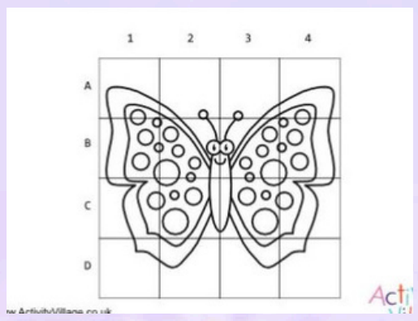


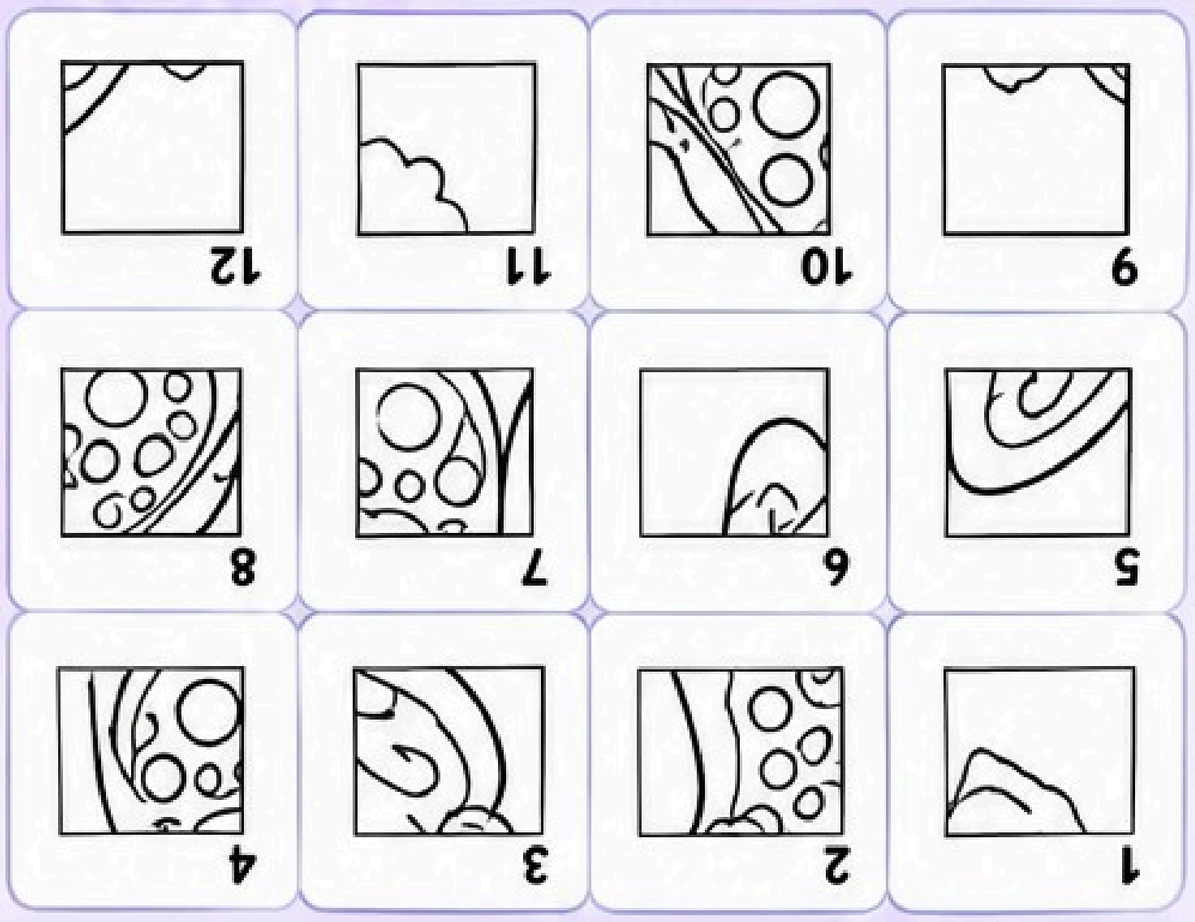


Explore
Think
Discover
Grow

Thank you

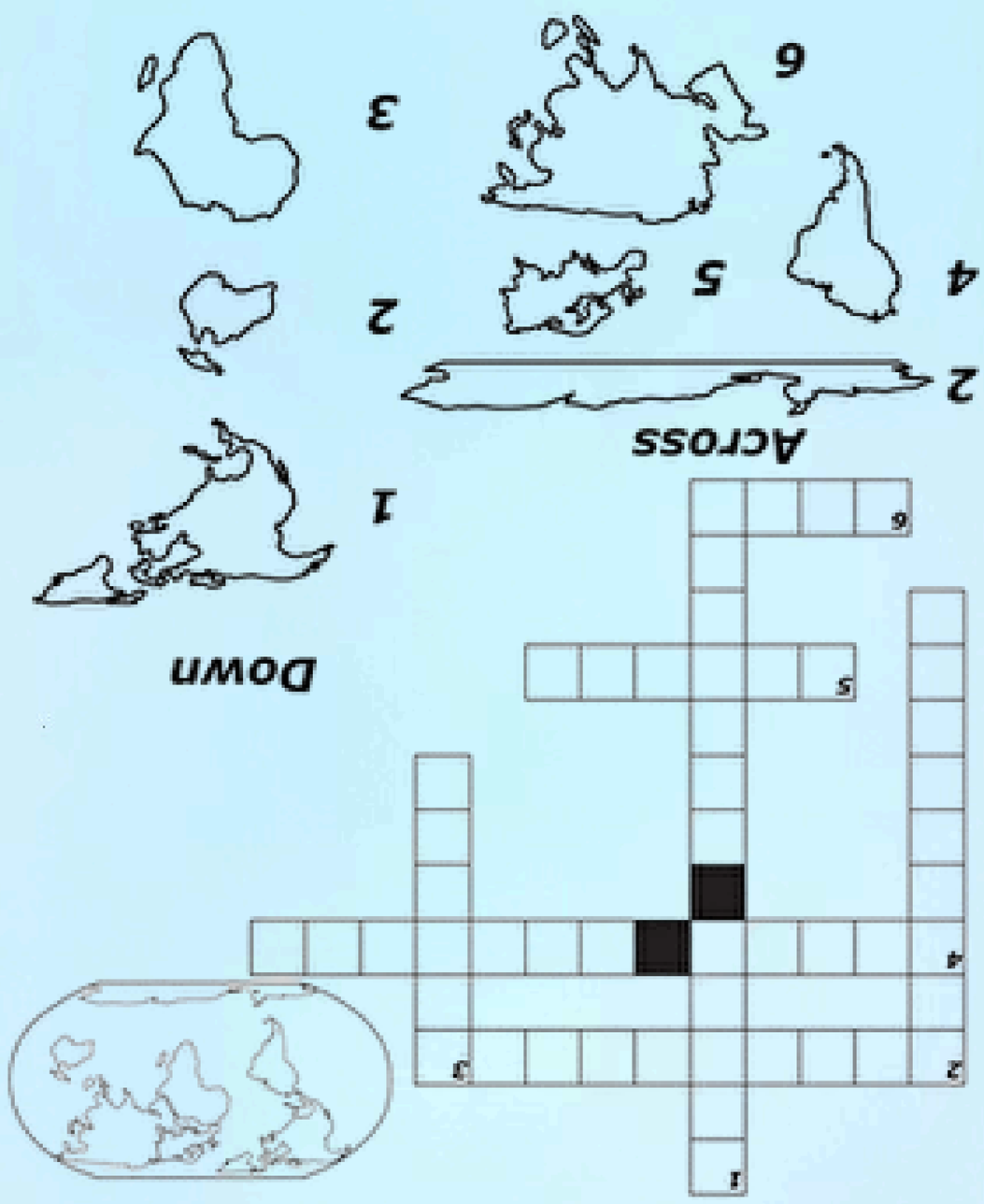
Answers:
1.Saturn (140 moons)
2.In the given puzzle,
5 × 8 = 40, 5 × 6 = 30, 8 × 3 = 24, 6 × 3 = 18
Therefore, the missing number is 18.
3.Down: 1.North America 2.Australia 3.Africa Across:
2.Antarctica 4.South America 5.Europe 6.Asia
5.



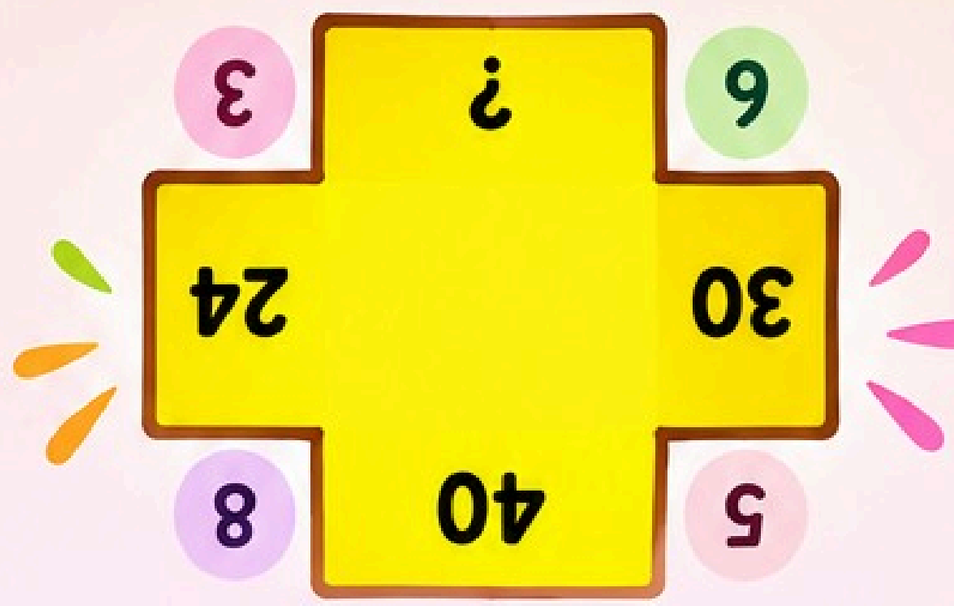


3 Fill the puzzle.

The Seven Continents



2 Find the missing number.



5 Look at the Mystery Grid puzzle.
Hint: A Butterfly

4 Spot 3 differences in the image.



1. Which place in our solar system currently holds the record for having the most confirmed moons?

Search Safari!